



Please join us for a [CyclingSavvy](#) course, a program of the American Bicycling Education Association. Both experienced and novice bicyclists can benefit. The emphasis of this class is on urban riding, with bicycle handling and defensive driving skills.

Motorists and pedestrians also can benefit from the practical information in this course, and may take the classroom session only -- no bicycle required for this.

[Click here to see what students have said about the course.](#)

[Information about upcoming course, July 14-15](#)

[Photos from previous Boston classes](#)

You may also e-mail or phone instructors:



Eli Damon, CyclingSavvy Instructor in central Massachusetts
am principally a math teacher and have been teaching since the age of 17.

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